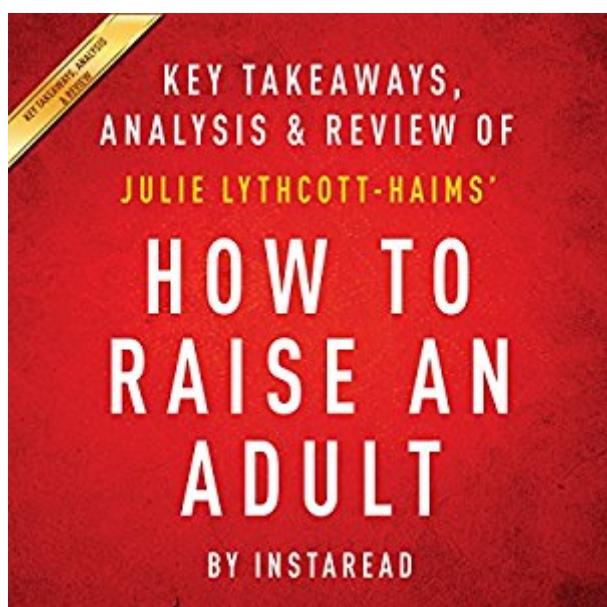


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How To Raise An Adult: Break Free Of The Overparenting Trap And Prepare Your Kid For Success, By Julie Lythcott-Haims: Key Takeaways, Analysis & Review



Synopsis

How to Raise an Adult: Break Free of the Overparenting Trap and Prepare Your Kid for Success is a book of parenting advice. The author, Julie Lythcott-Haims, is a former freshman dean at Stanford University and the mother of two teenagers.... Please note: This is key takeaways, analysis, and review of the book, not the original book. Inside this Instaread key takeaways, analysis, and review of How to Raise an Adult: Overview of the book Important people Key takeaways Analysis of key takeaways About the author: With Instaread, you can get the key takeaways, analysis, and review of a book in 15 minutes. We read every chapter, summarize, and analyze it for your convenience.

Book Information

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Customer Reviews

This is the first time I've seen an Instaread. Since the book is very dense, I thought this might be a condensed version, but it was just a barebones outline with less content than in magazine articles and blog posts on the book.

I am the mother of two teenagers and I found this overview of "How To Raise an Adult" very interesting. I'm a full time working mom & I didn't know if this book was something that I would want to take the time to read, but after reading this Instaread, I am quite interested. The Instaread offers a summary with key takeaways as well as an analysis of the book. It is well written and shares some generalizations on the book content without giving away spoilers. It took less than 15 minutes to read. The Key Points were not only interesting, but they were applicable to me and my parenting. There have been times when I have had to step back and not over-parent my children. After

reading this, I do feel that I am halfway on the path to raising adults, but there is room for improvement of my parenting style.*I received this Instaread for free for the purpose of trying out & reviewing. My thoughts & opinions are my own.

How to Raise an Adult is one of those books that every parent should read. We all want what is best for our children but we all (myself included) hate being told how to parent. This book does not patronise and instead provides clear and practical advise on raising your child. This book is about the long term, it is about helping your children follow the best path in life and not being either too overbearing or too laid back. You can over parent as well as under parent and both can be equally damaging. Summary Station has provided a book that helps you find that happy medium and really improve your relationship with your children. Overall a highly recommended book for any parents or parents to be.

I received this summary of Juliet Lythcott-Haims "How to Raise an Adult" in exchange for a review. This summary lists 9 key takeaways of the original book. As a young parent of two girls, I love reading parenting books. I want my children to be happy and to feel confident in themselves. This book gives great advice on how we can raise responsible children by letting them learn from their failures instead of constantly rescuing them. Being a parent is a busy full-time job, so I was glad there was a condensed version of this book for me to read. Thanks Instaread!

I have five children, only one of whom has chosen to go to college. I began my college experience at age 78. I have been able to observe many of the phenomena the author speaks of, and I am troubled when I hear a student say something about needing to get an A "or my mother will kill me". As a Mormon, I have the opportunity to see large numbers of young people do their growing up by stepping away from college for a couple of years and serving a full time mission. Many of them leave as children, and return as well formed adults. This book addresses the ideas that help parents to be more responsible in allowing their kids to grow up and become responsible adults themselves. I received this product free of charge, in exchange for my honest review.

Good points in this book, but not very in depth. I would like to see more techniques and examples for parents to use to help their child.

As a coach for parents of teens, I quote this book almost daily! Lythcott-Haims offers sensible,

liberating advice for parents: If we try too hard to manage our children's destiny, we stunt their growth and constrict their freedom to be. A very timely and very powerful book! Heart-felt thanks to the author.

Very basic. I didn't realize it was such a short book when I ordered it. I completely agree with what she is saying. But I was really hoping for more information.

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